Instructions for Completing Your Health Requirements

1. All completed health forms must be submitted to the Student Health & Wellness Center by the following deadline:

   **August 1st – Fall semester**  
   **January 22nd – Spring semester**

   These forms can be submitted to us in **any** of the following ways:
   a) Mail to or drop off in person to:
      Whittier College  
      Student Health & Wellness Center  
      ATTN: Health Records  
      13612 East Philadelphia Street  
      Whittier, CA 90608
   b) Fax to: (562)464-4511

2. The Physical Examination Form and Immunization Record must be completed and signed by a health care provider. **It cannot be completed by a parent or student.** Once the form is completed, a health care provider must review and sign it at the bottom. The Personal Data Form and the Health History Record must be completed by student him/herself. If you are a minor (under 18) at the time the form is being completed, it must be signed off by a parent.  
   **For athletes:** The health requirements include: Pre-Participation Physical Evaluation Form, History Form, Clearance Form, Immunization Record and Personal Data Form. **All completed forms must be submitted to the Athletics Department and Student Health & Wellness Center.**

   **For non-athletes:** The health requirements include: Physical Examination Form, Immunization Record, Health History Record and Personal Data Form. **All completed forms must be submitted to the Student Health & Wellness Center.**

3. The Physical Exam and TB Skin Test must be completed **within the past year** prior to the 1st day of class. If you have a history of a positive TB Skin test, you will need proof of a chest X-ray within the past year. **If you are an international student, a TB skin test will NOT be accepted. You will need to complete a QuantiFERON TB Gold Test which is a blood test.**

4. The TB Skin test must be read within 48-72 hours.
5. The new **Tdap** (Tetanus/Diphtheria/Pertussis) vaccine must be given within the past 10 years. **Td will not be accepted.**

6. If you begin your Hepatitis B series right before your start Whittier College, you may complete the remainder of the series through the Student Health & Wellness Center.

7. If you do not have written documentation of your MMR (Measles, Mumps, and Rubella) and Hepatitis B series and you know that you have completed these vaccines, titers confirming immunity to these components will be accepted in lieu of these immunizations.

8. All vaccinations (required and recommended) are available at the Student Health & Wellness Center.

9. You will be required to provide documentation of 2 doses of the vaccine against chicken pox called Varivax or proof of a positive Varicella titer indicating that you have sufficient immunity to chicken pox. If you had chicken pox in the past, then the Varicella titer is what you need. If you did not have chicken pox as a child, then you will need to provide written proof of 2 doses of the Varivax at least 28 days apart.

10. To fulfill the meningococcal requirement, you must obtain the Menactra or Menveo vaccine (MCV4) within the past 5 years.

11. Please attach a copy of your health insurance card when mailing or faxing in your health forms.

12. For any additional questions or to schedule an appointment, please contact us at (562)464-4548. For exact hours, or additional information, please visit our website at [www.whittier.edu](http://www.whittier.edu)

**Consequences if a student fails to meet the necessary health requirements one month after the appropriate deadline:**

A late fee of $100.00 will be charged to their student account on September 1st or March 1st. The late fee will continue to be assessed the first of each subsequent month until the student completes all of the requirements.

The student will also be placed on hold and will not be allowed to register for the next semester until he/she is in compliance.
If a student participates in intercollegiate sports and they have not completed their health requirements by the appropriate deadline, the student will not be allowed to practice or play sports until he/she is in compliance.

If a student is a resident on campus, their name will be submitted to the Director of Residence Life who will send a final reminder to the student to clear and they will be given one week to do so. If they still fail to follow through, their ID card will be deactivated, the lock to their room will be changed (at their expense - $125) and they will not be allowed in the residence halls until all requirements are met.